



MARIANA URBANO

ACTOR | SCREEN & FILM

Portuguese actor with international training in screen performance, including intensive study in the UK and Los Angeles. Experienced working in English and Portuguese, with a strong professional background that brings focus, discipline and confidence on set.

SCREEN CREDITS

KIND SPACE | Short Film | Cast | 2026

Filmed as part of screen acting training. Premiere scheduled for November 2026.

ACTING TRAINING

ACTORS STUDIO / PINEWOOD STUDIOS | Shot to Be Seen | One-Year Screen Acting Programme | Completed

Screen acting, camera technique, character work and filmed scene practice with industry tutors.

AMERICAN ACADEMY OF DRAMATIC ARTS | Five-Week Acting Intensive | Los Angeles

Intensive practical training in acting technique and performance.

ESCOLA SUPERIOR ARTÍSTICA DO PORTO | Two-Month Acting Course | Porto

Acting foundations culminating in a live monologue performance.

ADDITIONAL CREATIVE EXPERIENCE

GOOD MORNING — Script Supervisor

Short fiction film (20 min) | Dir. Diogo Brito | Portugal, 2025

Film festival recognition: Screened at Beverly Hills Film Festival; semifinalist, Flickers' Rhode Island International Film Festival.

ROCK THE MOUNTAIN — Production Team / Personal Assistant

Music festival | Brazil, 2023

Supported the founder and production team with event logistics and on-site coordination.

ADDITIONAL EXPERIENCE & INTERESTS

MERCY SHIPS — Volunteer Clinical Mentor

Since 2025: annual two-week placement at a university dental clinic in Guinea (Conakry), supporting dental students with clinical training.

MOUNT KILIMANJARO — Summit

Tanzania | 2024

INTERNATIONAL VOLUNTEER HQ — Hospital Volunteer

Tanzania | 2024 | Two months

Supported hospital healthcare teams across a range of services.

INTERNATIONAL VOLUNTEER HQ — Marine Conservation Volunteer

Cape Town, South Africa | 2024

Assisted with wound care for injured animals.

CONTACT

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London UK

Available for UK & international projects

PROFILE

Height: 5'7" / 170 cm

Hair: Brown

Eyes: Brown

LANGUAGES

Portuguese - Native

English - Fluent

Spanish - Fluent

French - B2 (Alliance Française certified)

SKILLS

Screen acting

Monologue performance

Surfing

Horse riding

Snorkelling

Tennis

Ballet (childhood training)

Choir singing (3 years)

Guitar & piano (some lessons)

SPECIALIST KNOWLEDGE

Qualified dentist with 10+ years in oral surgery and implantology.